STEROID LADDER
Formulary (GMMMG) | 1 - First Choice | 2 - Second Choice

**Very Potent**

1. Dermovate (clobetasol propionate 0.05%)
2. Dermovate Scalp Lotion (clobetasol propionate 0.05%)
3. Etrivex Shampoo (clobetasol propionate 500 micrograms/g)

**Potent**

1. Betnovate (betamethasone (as valerate) 0.1% in a water miscible basis)
2. Betacap (betamethasone (as valerate) 0.1% containing coconut oil derivative)
3. Locoid (hydrocortisone butyrate 0.1%)
4. Synalar (flucinolone acetonide 0.025%)
5. Elocon (mometasone furoate 0.1%)

**Moderate**

1. Betnovate RD (betamethasone (as valerate) 0.025%)
2. Eumovate (clobetasol butyrate 0.05%)
3. Fludrocortisone Tape (14mcg/cm²)
4. Modrasone (alcocortisone dipropionate 0.05%)

**Mild**

1. Hydrocortisone 1%
2. Synalar 1 in 10 Dilution (fluocinolone acetonide 0.0025%)

**With antibacterial**

1. Fucidin H (hydrocortisone 1%, fusidic acid 2%)

**With salicylic acid**

1. Diprosalic (betamethasone (as dipropionate) 0.05%, salicylic acid 3%)

**With Vitamin D (for use in psoriasis only)**

1. Dovobet (betamethasone 0.05% (as dipropionate), calcipotriol 50 mcgs/g)
2. Enstilar (betamethasone 0.05% (as dipropionate), calcipotriol 50 mcgs/g)

**With antifungal & antibacterial**

1. Trimovate (dibetasol butyrate 0.05%, oxycycline 3%, nystatin 100,000 units/g)

**With urea**

1. Alphaderm (hydrocortisone 1%, urea 10%)

Products containing antibacterials should be applied twice daily for 7-14 days maximum per infective flare. Patients should then revert to a steroid that does not contain antimicrobials to control flares unless the skin is infected.

There is a rare risk with the use Steroid Creams of serious eye problems. Any blurred vision or other visual disturbances during use should be reported immediately to your GP.